The Reminder



June 2025

Senior Men's Club, Birmingham, Michigan

President's Letter



"Celebrate life, every moment along the way". At the Wednesday funeral of SMCB member Chuck Allen, Monsignor John Zenz used these words in describing how Chuck lived his life right up to the moment of his passing at a youthful and optimistic 98 years young. They were to be my theme for June's Reminder as I sat down to write this President's Letter, Saturday morning, June 1.

Shortly before 9:00 that morning I received the crushing news that Maynard Timm, my friend, predecessor, principal U of M antagonist, and SMCB president that brought me into his confidence during his presidency, had succumbed to a heart attack. Maynard Timm, the club and community leader, swimmer, golfer, bowler,

Pickleball player, and successful corporate attorney who now volunteered his significant legal talents to have criminal convictions expunged, was, as he would say "welcomed home by the Lord."

While the news changed my plans that morning, it did not change my theme. Maynard's sudden and unexpected death only makes that message more urgent. We are here for a finite period of time, its expiration remains unknown to us. Celebrate that gift of life, every moment along the way. Be there for your family, friends, community and fellow club members. Do what you are able when you are able. Attend every recital, ball game, track meet, wedding and birthday party you can. Make impactful memories with those who matter to you.

Thank you Maynard, for your many gifts you shared with this SMCB family. We are all better men because you walked alongside us offering your example. You did truly celebrate life at each and every moment along the way.

With the hope of seeing you all soon,

Ray Buratto

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June 2025 Speakers Monthly Speaker Chair: Ras Desai Weekly Chairs: Ras Desai, Dick Kamp

June 6, 2025	Dr. Todd Allen, Glenn F. and Gladys H. Knoll
Department Chair of Nuclear E	ngineering and Radiological Sciences, University of Michigan
	"Net Zero Economy: What's Up With That (and Nuclear)"
June 13, 2025	"Net Zero Economy: What's Up With That (and Nuclear)" "The Power of With"
June 20, 2025	
	"The Armored Multi-Purpose Vehicle"
June 27, 2025	Major General Michelle Link,
	Commanding General, 75th USAR Innovation Command
	"Helping the Army Modernize and Innovate"

Member Profile Frank Schmid - A Profile in Service

For 41 years, Frank has been a cornerstone of the Matchan Nutrition Center. Every Tuesday and Thursday, he rises early to gather food and supplies, ensuring that 150-180 Pontiac citizens in need receive nourishment and support. As a founding member, Frank continues to lead with unwavering dedication. The Matchan Nutrition Center, operating under St. Vincent de Paul and located at All Saints Episcopal Church in Pontiac, serves hot meals, offers groceries, and provides life-changing assistance to those in need. When the center began in 1984, Pontiac was one of the most economically challenged communities in the United States.



Frank's leadership and compassion are evident in his tireless efforts, even as he approaches his 90th year. Since 2001, he has been an active member of the Senior Men's Club of Birmingham, serving as Audio-Visual Chairman until the pandemic interrupted meetings. Frank, a lifemember, regularly attends Friday meetings, bringing his infectious smile and friendly demeanor.

After earning a Bachelor of Science in Electrical Engineering from the University of Illinois in 1958, Frank joined Chrysler Missile Engineering. His career later took him to Bendix and eventually to his own business, supplying Ingersoll Rand, before retiring in 2001.



Frank's greatest joy is his family. He married Jane in 1958, and together they have five children, whom he describes as the 'joy' of his life.

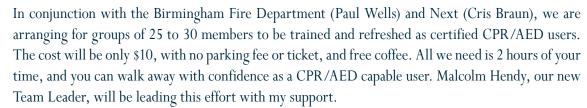


- Dick Bradley



Medical Emergency Preparedness Team CPR and AED Training June 11, 2025

Over the past years, we have had over 90 members certified in CPR/AED. At a cost of \$45 for two years, many of you might wonder if you remember what to do when "The Real Situation Occurs." While we think we know what to do, it only takes 3 or 4 capable members to control the situation until the EMS team arrives.





to Stay Active & Connected

Training Session Details:

• Date: Wednesday, June 11th

• **Time:** 10:30 a.m. (lasting approximately 90 minutes)

• Location: Birmingham Next, 2121 Midvale Street, Birmingham, MI 48009-1509

Phone: 248-203-5270

All members are invited, both new and previously trained. We anticipate a "Waiting List," which can be handled quickly and competently. Please email Malcolm mandjhendy@gmail.com to get your name on the list as we expect a "full-house."

- David H. Dinger M.D.

CPR and AED Training Testimonial from Dr. Chuck Main

Dear Members,

I am an 88-year-old retired pediatric hematologist/oncologist who practiced for over 55 years at Beaumont Royal Oak. I have taken CPR classes in the United States Army, at Saint Joseph Mercy Hospital, at Beaumont Hospital with the Michigan State Medical Society, and in medical school. However, the best class I ever had was at the Birmingham Fire Station on Adams Road with the Senior Men's Club Birmingham. I strongly recommend this class to anyone interested.

Unfortunately, I have a major mobility issue due to being diagnosed with IBM (inclusion body myositis), which has resulted in significant muscle atrophy. Dave, thank you so much for your efforts. I might come by just to see you. All of my respect,

- Chuck Main M.D.

Meet the SMCB SCORE Mentors



Our SMCB SCORE group of mentors includes: LaCount, Powe, Rajpal, Vorce, Kafarski, Stevens, Garner, Culp Reynolds, Burke, Stone, Rappleye, Jacobs, Zeid, McGee, and Jitesh Desai. SCORE is a national nonprofit organization funded by the Small Business Administration (SBA). While we are currently facing some uncertainty around future funding, we're optimistic—after all, we help create taxpayers.



Our mission is to mentor small business owners and aspiring entrepreneurs.

Recently, our group gathered for lunch at the Moose Preserve, where we shared experiences, exchanged best practices, and enjoyed some great conversation. These gatherings are not only productive, but also a lot of fun.

One of the best parts of our work is talking about our mentees. The variety of clients we support is incredible: nonprofits, laundromats, rental property owners, basketball coaches, delivery services, artists, auctioneers, insurance agents—you name it. Honestly, it often feels like we learn just as much from them as they do from us.

We're planning another lunch in a couple of months, and we welcome anyone interested in SCORE to join us. All it takes to be a mentor is common sense and a commitment of at least two hours a week

If you'd like to learn more or get involved, feel free to reach out to any of the members listed above. We'd love to have you on board. Check it out: www.score.org

- Rich McGee

Members Matter



Do you want to learn more about our Club and to meet other members



Tuesday June 10 at 2 pm Birmingham Baldwin Library Donor Meeting Room (lower level)

This Orientation session is for any SMCB Associate Members who wish to progress to full Active Member status. It is a wonderful opportunity to learn more about our Club and the various Activity Groups, as well as to meet other SMCB members.

Please contact SMCB Membership Chair Kevin Doucet if you have any questions, and to confirm your attendance.

Email: <u>Doucets410@gmail.com</u>

Cell: (248) 977-9394

- Chuck Main M.D.



Condolences

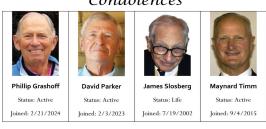
Robert M. Siewert

Joined: 11/9/2012

Peter J. Cwik

Joined: 6/20/2014

Milestones





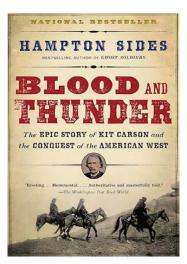


The two very different books being discussed in June are sure to stimulate lively discussions. The first sheds light on America's westward expansion in the mid-nineteenth century, and the second offers fresh insights into Government's role in the economy.

The two groups will continue to meet via Zoom. As always, all members and their guests are welcome. Please let Bob Maxfield or Roger Timm know if you would like to be added to our distribution list.

Wednesday, June 4 at 10:30 AM: Blood and Thunder: The Epic Story of Kit Carson and the Conquest of the American West by Hampton Sides (New York: Vintage Books, 2007). This discussion will be led by Doug Koschik.

In the summer of 1846, the Army of the West marched through Santa Fe, en route to invade and occupy the Western territories claimed by Mexico. Fueled by the new ideology of "Manifest Destiny," this land grab would lead to a decades-long battle between the United States and the Navajos, the fiercely resistant rulers of a huge swath of mountainous desert wilderness. At the center of this sweeping tale is Kit Carson, the trapper, scout, and soldier whose adventures made him a legend. Sides shows us how this illiterate mountain man understood and respected the Western tribes better than any other American, yet willingly followed orders that would ultimately devastate the Navajo nation. Rich in detail and spanning more than three decades, this is an essential addition to our understanding of how the West was really won.

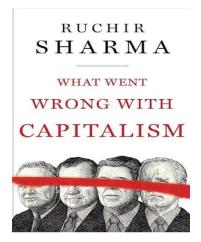


From the NY Times Book Review: "We see a panorama and a whole history, intricately laced with wonder an dmeaning, coalesce into a story of epic proportions, a story full of authority and color, truth and prophecy."

Monday, June 16 at 3 PM: *What Went Wrong with Capitalism* by Ruchir Sharma (New York: Simon and Schuster, 2024) Paul Lieberman will lead this discussion.

Sharma says progressive youth are part right that capitalism has morphed into "socialism for the very rich." The broader issue, however, is socialized risk for the poor, the middle class and the rich; government is trying to guarantee that no one ever suffers economic pain by borrowing heavily to prevent recessions, extend recoveries, and generate endless growth. The result is rapidly rising debt and declining competition—exactly the environment in which oligopolies and billionaires do best.

The Wall Street Journal cited this as one of the best books of the year. "This book will reshape how you think about the world. It is bound to provoke people on both the left and the right."—Larry Summers, former Secretary of the Treasury



Looking ahead to July

Wednesday, July 2, at 10:30 AM: An Unfinished Love Story: A Personal History of the 1960's by Doris Kearns Goodwin (Bob Maxfield)

Monday, July 21, at 3 PM: The Psychology of Money: Timeless Lessons of Wealth, Greed and Happiness by Morgan Housel (Bob Stevenson)

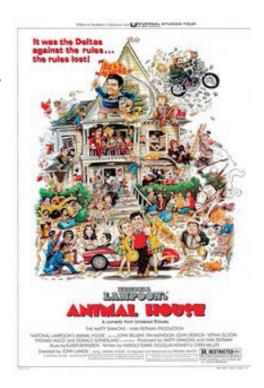
- Bob Maxfield





On Monday, June 9th, at 1:00 PM, via Zoom, Joel Adelman will be showing a true classic: the award winning iconic 1978 college campus comedy film "". The film, with a run time of 1 hour and 49 minutes, was directed by John Landis, co-written by Harold Ramis and stars John Belushi (then of Saturday Night Live fame), Tim Matheson, Kevin Bacon, Donald Sutherland and several others. The film was a small budget film but a huge box office and critical success. It is considered to be among the best comedy films of all time.

It's 1962 and the fall fraternity rushing season is in full swing at Faber College. Two bumbling freshmen seek admission to the exclusive Omega Theta Pi house; but being rejected out of hand, they approach and are accepted by the Delta Tau Chi house, which is regarded as the worst house on campus, is on probation for poor academic performance and for numerous bad conduct violations and is considered a thorn in his side by the college Dean who, wishing to remove the fraternity from campus, puts it on "double secret probation" and enlists the help of the Omega house leadership to find or create a reason to revoke Delta's charter and remove it from campus. Animosity



develops and grows among the Delta house, the Omega house and the Dean reflected in a growing series of hilarious escapades ending in an unbelievably funny climax. As one film critic summarized "it is so gross and tasteless you feel you should be disgusted but it's hard to be offended by something that is so unbelievably sidesplittingly funny". The highly regarded Chicago film critic Roger Ebert rated the film four stars out of four and placed it on his ten best list for 1978. I consider this film one of the best comedies ever and I am sure that you will too. You will not want to miss it.

Filming took place at the University of Oregon after several other universities turned down filming requests, not wanting to be associated with a film that was "so tasteless". John Landis said he was inspired by classic Hollywood comedians like Buster Keaton, Harold Lloyd and the Marx Brothers. A preview of the film is now available on the Club's website. So, mark your calendars now and plan to join Joel, and the rest of the Classic Movie Group, on June 9, to watch, enjoy and discuss this classic comedy film.

Please note that the Zoom link for the movie will be at the top of the Scheduled Events eBlast for the week of June 8, which will be published on the morning of Friday June 6.

Looking forward to seeing you on June 9.

-Joel Adelman / Monthly Chairman



Investment Group





Thank you to those that have attended the Investment Group meetings since this past September. We will have our last Investment Group meeting, before taking a couple of month break, on **Wednesday June 18th** at 2:45pm within the Baldwin Library and on Zoom.

This past month of May has been a turbulent month for the stock market, largely influenced by trade uncertainties and tariff concerns. The market saw sharp declines earlier in the month following President Trump's announcement of new tariffs but later rebounded as negotiations

progressed. Investors have been navigating volatility, with sectors like energy and value stocks showing resilience.

As the month closes, so does our Stock Game. Many have said this is probably our best meeting of the year. We will payout the Stock Game winners, share what investment strategies we have been using and our thoughts with respect to the stock market and economy over the summer.

With respect to the Stock Game as of this writing the leaders are the following:

First place belongs to Doug Kaczmarski who is up 115% with his holdings of Palantir (PLTR) and Crowd Strike (CRWD). Mike Clement is in second and third place with the second place portfolio up his first portfolio is up 110% as he made profits made from (OKLO) and now holds Berkshire Hathaway (BRK-A). Mike's third place portfolio is up 100% with the holding of Nano Nuclear Energy (NNE). John Skubik is in a close fourth pace up 89% with his holding of Amer Sports (AS).

Please look at the weekly eBlast for updated Stock Game reports, and information regarding the upcoming Investment Group meeting.

Thank you for taking the time to meet on what hopefully be a nice afternoon on Wednesday June 18th. Please attend and share your thoughts!

Happy Investing!!

- Mike Korsak



"We welcome your support!"

Senior Men's Club Foundation Birmingham, Michigan



The Matchen Nutrition Center was founded by three men in 1984, including our current SMC member, Frank Schmidt. Every Tuesday and Thursday, Frank manages the center to meet the needs of 160 to 180 Pontiac citizens, many of whom are seniors. The Matchen Center operates under the umbrella of the St. Vincent de Paul organization but now uses the facilities of All Saints Episcopal Church.

"The mission of the Matchan Nutrition Center is to serve hot, well-balanced meals to our neighbors in need, offer groceries for their home, and provide other life-changing assistance that leads to self-sufficiency locally in Oakland County."

The Matchen Center was awarded a \$15,000 grant at the SMCF Board meeting on April 22, 2025. The vote was unanimous. Members of the SMCF Board and officers visited the center multiple times. They were struck by the need of those receiving assistance and the scope of the operation. Approximately 130 individuals line up each week well before the doors open. The need is clear and sizeable.

Many Thanks!

Senior Men's Club of Birmingham continue to be generous! A letter asking members for help and support for the Foundation was sent in April, led to substantial contributions. SMC members know the need in our nearby communities. Thank you for your generosity!

Special thanks to Jim Fleck who chairs the Grant Committee for the Foundation. Jim carefully researches and vets each grant application. This process includes personal visits to each entity that applies. Then there is a discernment that the



entity furthers the Foundation criteria. After further review, the grant application is sent to the Foundation Board and Officers for review and a vote. Jim manages this process masterfully.

I can not do all the good that the world needs. But the world needs all the good I can do.- Jana Stanfield

JUNE 2025 CALENDAR AT A GLANCE



				2025 June Calendar		
Week 1	Date	Time	Group	Location or via Zoom	Contact	Phone Number
Monday	June 2	7:00 AM	Golf- Lincoln Hills	2666 W 14 Mile Rd, Birmingham	Maynard Timm	(248) 303-5490
First Monday	June 2	12:30 PM	SMC Discussion Group	Baldwin Lib- Donor Room	Richard Koppel	(248) 210-9326
First Monday	June 2	2:00 PM	Genealogy	Baldwin Lib- Donor Room	John Maten	(248) 251-9339
Tuesday	June 3	8:15 AM	Walking Group	Shain Park- Birmingham	Wei Feng	(248) 935-0426
First Tuesday	June 3	10:00 AM	Special Events	Baldwin Lib- DeLos Room	James Zyla	(248) 561-1520
First Wednesday	June 4	10:30 AM	Readers Group B	Zoom	Roger Timm	(248) 644-4050
Wednesday	June 4	NOON	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	June 4	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Thursday	June 5	7:00 AM	Golf- Springdale	316 Strathmore Rd, Birmingham	Maynard Timm	(248) 303-5490
Thursday	June 5	8:15 AM	Walking Group	Barnum Park- Birmingham	Charlie Blank	(248) 390-8208
Friday	June 6	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	Bo Tamarelli	(248) 388-2443
Friday	June 6	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callam	(773) 339 8369
Week 2					.,	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Monday	June 9	7:00 AM	Golf- Lincoln Hills	2666 W 14 Mile Rd, Birmingham	Maynard Timm	(248) 303-5490
Second Monday	June 9	1:00 PM	Classic Movie Group	Zoom	Fred Hansz	(248) 559-3105
Tuesday	June 10	8:15 AM	Walking Group	Shain Park- Birmingham	Wei Feng	(248) 935-0426
Second Tuesday	June 10	12:30 PM	Board of Directors	Baldwin Lib- Donor Room	Ray Buratto	(248) 390-6244
Tuesday	June 10	2:00 PM	Associates Orientation	Baldwin Lib - Donor Room	Kevin Doucet	(248) 977-9394
Wednesday	June 11	NOON	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	June 11	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Second Wednesday	June 11	7:00 PM	CPR/AED Refresher Must Pre-Register			(248) 310-4583
					David Dinger Maynard Timm	
Thursday Thursday	June 12 June 12	7:00 AM 8:15 AM	Golf- Springdale	316 Strathmore Rd, Birmingham	Charlie Blank	(248) 303-5490 (248) 390-8208
	June 13		Walking Group	Barnum Park- Birmingham		
Friday		10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom Baldwin Lib - Jeanne Lloyd Room	Bo Tamarelli	(248) 388-2443
Friday	June 13	1:30 PM	Bridge Group	Baldwill Lib - Jealine Lloyd Rootti	Kirby Callam	(773) 339 8369
Week 3		7.00.11	0.15.11.1.1111	0000 1114 111 11 11 11 11		(2.40) 202 5402
Monday	June 16	7:00 AM	Golf- Lincoln Hills	2666 W 14 Mile Rd, Birmingham	Maynard Timm	(248) 303-5490
Third Monday	June 16	3:00 PM	Readers Group A	Zoom	Bob Maxfield	(248) 481-9791
Tuesday	June 17	8:15 AM	Walking Group	Shain Park- Birmingham	Wei Feng	(248) 935-0426
Tuesday	June 17	9:45 AM	Detroit River Cruise	Bus leaves from 1st Presbyterian Church @ 9:45	James Zyla	(248) 561-1520
Wednesday	June 18	NOON	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	June 18	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Wednesday	June 18	2:45 PM	Investment Group	Baldwin Library - Donor Room + Zoom	Mike Korsak	(248) 990-0305
Thursday	June 19	7:00 AM	Golf- Springdale	316 Strathmore Rd, Birmingham	Maynard Timm	(248) 303-5490
Thursday	June 19	8:15 AM	Walking Group	Barnum Park- Birmingham	Charlie Blank	(248) 390-8208
Third Thursday	June 19	3:00 PM	Camera Group	Apple Store- not confirmed, may need to cancel	Jay Hall	(248) 622-8640
Friday	June 20	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	Bo Tamarelli	(248) 388-2443
Friday	June 20	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callam	(773) 339 8369
Friday	June 20	5:00 PM	REMINDER Submission Deadline	smcbreminder@gmail.com	Ray Buratto	(248) 390-6244
Week 4						
Monday	June 23	7:00 AM	Golf- Lincoln Hills	2666 W 14 Mile Rd, Birmingham	Maynard Timm	(248) 303-5490
Tuesday	June 24	8:15 AM	Walking Group	Shain Park- Birmingham	Wei Feng	(248) 935-0426
Tuesday	June 24	1:30 PM	Strategic Plan Committee	Baldwin Lib - Jeanne Lloyd Room	John Rusche	(248) 731-7068
Wednesday	June 25	NOON	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	June 25	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Thursday	June 26	7:00 AM	Golf- Springdale	316 Strathmore Rd, Birmingham	Maynard Timm	(248) 303-5490
Thursday	June 26	8:15 AM	Walking Group	Barnum Park- Birmingham	Charlie Blank	(248) 390-8208
Thursday	June 26	1:30 PM	Speakers Group	Baldwin Lib- DeLos Room	Bo Tamarelli	(248) 388-2443
Friday	June 27	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	Bo Tamarelli	(248) 388-2443
Friday	June 27	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callam	(773) 339 8369
Week 5					·	
Monday	June 30	7:00 AM	Golf- Lincoln Hills	2666 W 14 Mile Rd, Birmingham	Maynard Timm	(248) 303-5490
	34 30			1 2 · · · · · · · · · · · · · · · · ·		11= 10,000 0 130

JUNE 2025 BIRTHDAYS



DATE	NAME	DATE	NAME
June 3	a Joe Shenna	June 16	a Paresh Khandhadia
	a Chris Thompson		a Dr. Khota Singal
June 4	a Dr. Sugan Shetty	June 17	Pete Good
June 5	Richard Knoll	June 19	Gerd Keuffel
	a John Nemazi		a Steve Lepsetz
June 7	Bill Bartlam	June 22	* Lou Baughman
	John Carter		
June 8	Dr. John Paesano		a Rody Yezman
	* Bob Parker Jr	June 24	Jim Britton
	Marty Reisig		a Robert Middleton
June 11	Jerry Dayinian		* John Wargelin
	Larry Imerman	June 25	Brian Haw
	a Dr. Bala Setty	June 26	* Dr. Gino Salciccioli
June 12	* Mike Albright	June 27	* Walt Kowal
June 13	Kent Anderson	June 28	* Dave Ashland
	* Art Hesskamp	June 29	a Tom Longhway
June 14	Fred Freeman		* Jack McCleary
	Doug Maskin		Frank Snower
	* Riggs Miller	June 30	a Mark Donna
June 15	* Walt Ebling		a Vipul Kinariwala







JUNE 6

Rolls & Butter
Michigan Maple Salad
Mixed Vegetables
Mashed Potatoes Salisbury Steak
Dessert: Brownies

JUNE 20

Rolls & Butter
Garden Salad
Green Beans
Mac n Cheese
Rosemary Chicken
Dessert: Brownies

JUNE 13

Rolls & Butter Caesar Salad Peas Mostaccioli Chicken Marsala Dessert: Cookies

JUNE 27

Rolls & Butter Caesar Salad Mixed Vegetables Fettuccini Alfredo Parmesan Cod Dessert: Cookies

The Reminder

A monthly publication of the Senior Men's Club, which meets Friday at 10:30 AM at the Iroquois Club.

Officers for 2025 are:

- President, Ray Buratto
- First Vice President, John Rusche
- Second Vice President, Bo Tamarelli
- Recording Secretary, Rick Paul
- Corresponding Secretary, Larry Powe
- Treasurer, George Dilgard
- Assistant Treasurer, Doug Koschik

THE REMINDER Team:

- Tom Dahlem, Publisher
- -Ray Buratto, Managing Editor
- -Maynard Timm, Editor
- -Jay Kafarski, Editor
- -Tom Dahlem & Tom Booth,

Contributing Photographers

The Reminder Deadline for articles is June 23, 2025

CONTACT US

The Senior Men's Club mailing address for general Club or SMC Foundation correspondence is:

Senior Men's Club P.O. Box 1149 Birmingham, MI 48012-1149

All mail should be sent to the above address

The Club may also be contacted via email at:

seniormensclub@gmail.com

Visit SMC at:

www.seniormensclub.com